



# St Bernadette's Catholic Primary School Sports Newsletter – Summer Term 2018



## April/May/June/July

### **Football-Easterfield Tournament**

On Easter Monday the school football team entered a tournament at Lancaster & Morecambe College. St Bernadette's were placed in a challenging and competitive group that included Lancaster Road, Slyne-with-Hest and Westgate. The boys played some excellent football in very wet conditions, but unfortunately went out in the group stages. Well done boys.

### **Netball Yr3/4 Competition-Moorside**

St Bernadette's entered three teams into the competition held at Moorside. It was the first time for most of the children to represent the school and they played extremely well. The A Team secured 4<sup>th</sup> place overall in the A Group competition and the B Team secured the winners position in the B Team competition. The boys had a separate competition and did very well finishing 6<sup>th</sup> place. Excellent effort to all the children involved.

### **Change 4 Life Festival**

In July ten children from Years 1 – 5 had an opportunity to represent St Bernadette's at the Change 4 Life Festival at OLCC. It was a fantastic afternoon where the children took part in various events including Penalty Shootout, indoor Crown Green Bowling and team games. Several children won Change 4 life goody bags for individual achievement and a certificate. Well done to all the children who participated.

### **Netball Year 5/6 – Moorside**

St Bernadette's attended the Lancaster School's Netball tournament at Moorside. The Team played four games winning three, drawing one and losing one. They scored an impressive 11 goals in their four games. This resulted in a 4<sup>th</sup> place overall. Well done children a fantastic effort.

### **Primary Schools Sports Festival – Salt Ayre**

St Bernadette's (Year 6) took 9 children to the highly successful festival which was attended by over 25 schools from the District. Over 1000 children participated in events including football, athletics, swimming and wheelchair basketball. St Bernadette's entered two teams in the Quicksticks hockey. One of the teams played excellently defeating Cathedral, Trummar, Bolton-le-Sands, Westend and Lancaster Road on the way to securing the bronze medal position. The second team came third in their group narrowly missing out on the semi-final.

### **Athletics Competition – Year 3**

In June St Bernadette's entered a team of nine (four girls and five boys) in an athletics competition at OLCC. For the fifth successive year, the Year 3 team performed at a very high level and were therefore convincing winners of the trophy and all the children received a gold medal. Well done team.

### **Athletics Competition – Year 5 and 6**

The week after the Year 3 event it was the turn of Year 5 and 6 boys and girls. Not to be out done by the Year 3 children they also completed at a high level just missing out on top spot on this occasion but still did very well securing the silver medal position. Well done on a fantastic result.

### **Korfball Tournament**

Congratulations to the eight pupils from year 4 (4 boys and 4 girls) who took part in their the first ever Korfball tournament held at Moorside School. Korfball is a game of equal boys and girls on each side. The game its self is a fast paced exciting game that can be described as a mixture of netball/basketball. St Bernadette's did very well in this year 4 tournament one of the teams did extremely well securing 3<sup>rd</sup> place. It was the first time the some of children had represented the school in a competitive event and they did extremely well.

### **Kwik Cricket Tournament – Yr5/6 Girls**

Also in June, it was the turn of the Y4/5/6 Girls Cricket Team to participate in the Lancaster & Morecambe District Kwik Cricket competition. The girls did fantastically well defeating Grosevnor Park and Slyne-with-Hest in their group. But unfortunately did not make it to the semi-finals on this occasion. Well done to all the girls who participated.

### **Lancaster Schools Swimming Gala**

The annual Primary Schools Swimming Gala was held at Salt Ayre in June. St Bernadette's entered a team consisting of boys and girls from years3/ 5 and 6. This year the team did amazingly well finishing as runners up just missing the top spot by four points. Well done to all the children who participated and a big thank you to Mrs Wilson (James's mum) and also to the Carnforth Otters Swimming Coaching staff who did an amazing job on the night.





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## News letter continued....

### Sports Clubs

During May, children in KS1 & 2 have had the opportunity to attend after school sports clubs which have included Yr4, 5 & 6 Boys Cricket Club , Yr4, 5 & 6 Girls Cricket Club and a Change 4 Life Multi-Sports Club for Oak Class (Yr1) and Change 4 Life Club in Apple class. Also this term there has also been KS1 and KS2 World Cup Clubs. These clubs were led by Mr Karim, Mrs White, Mrs Bramhall and thank you for the great support from the Yr6 Sports Leaders who also assisted.

### Borwick Hall (outdoor pursuits)

In June, Sycamore Class and staff had a residential trip at Borwick Hall Outdoor Activity Centre. The children had the opportunity to participate in various activities including canoeing, climbing and team-building games. The children thoroughly enjoyed it and gained a lot from this experience.

### Annual Sports Day

A big thank you to all the children who participated so enthusiastically in this years annual sports day. It was a fantastic afternoon. Congratulations to Yellow House (St Cecilia) on their sports day success.

### Climbing Wall Experience

Also in June, Sycamore Class (Yr6) had a full afternoon at Salt Ayre on the new X-Height Climbing Facility and Gravity Tower. The children had a wonderful afternoon being able to have the whole facility to themselves. It was great to see how a lot of the children surprised themselves by overcoming their fears especially on the outside Gravity Tower. Well done Sycamore Class.

### Karate Competition

In June three children Raffael (year 1), Jeevan (year 4) and Thomas (year 5) participated in the Inter School Karate Competition at Bowerham school. The children did themselves proud and the school winning medals in a range of categories. Well done boys on this excellent achievement.

## Sports Coaching

In July, over a four-week period, Yr6 have had the opportunity to attend tennis coaching at Bowerham Tennis Club with coach John Vardy and also hockey coaching with Nick Davey. The children benefitted by learning new skills and the staff also benefitted by being able to pick up lots of coaching tips which can be transferred into future PE lessons. In addition, over a six-week period, children in Yr4 had Korfbal coaching , Andrew Barnes attend their PE lessons to introduce children to a new sport. The children commented how much they had enjoyed this activity and staff also said how good the coaching was. Also in the May/June Apple class had five weeks of Primary Stars professional coaching provided by Morecambe Football Club. The coaching focused on the importance of exercise and healthy living in a fun and active way. The children certainly got a lot out of this opportunity as did Mrs Bramhall commenting on how beneficial the coaching had been.

### Orienteering – Yr6

In July, Sycamore Class had a morning of orienteering at Williamson's Park using map reading skills to navigate within a team through the extensive course in the park.

**Thank you for your continued support**

**Mr P Karim**

**Sports Coordinator**

